



GRUPPO SPORTIVO E.N.S. VARESE

ASSOCIAZIONE SPORTIVA DILETTANTISTICA

(Iscritta nel "Registro Parallelo" delle società sportive dilettantistiche, tenuto dal C.I.P. al n° 227307)

C.F. : 95016040123 - P. IVA 03366920126

Via Avegno, 8 - 21100 - Varese (VA)

Tel./Fax.: 0332-231133 - E-mail: gsensvarese@fssi.it

Web: <http://www.gsensvarese.it>



XC Cross Country & Time Trial Rules

The event:

The event, named "**3rd Deaf Mtb Cup Cross Country & Time Trial**" is organized by Sport Association "Gruppo Sportivo E.N.S. Varese – A.S.D.". The time trial is related with F.S.S.I. Italian Championship of Time Trial.

PARTICIPATION: Both trials are reserved only for deaf athletes.

FSSI members will be included as "**competitors**" category and FSSI card exhibition is mandatory.

Non-FSSI members will be included as "**excursionists**", their classification will be into Deaf Mtb Cup / Europa Deaf Mtb Cup (if they have regular membership) and health certificate exhibition is mandatory (pursuant to and in accordance with Article D.M. 82/18/02 of Italian Law), plus a disclaimer is mandatory.

FSSI members will compete for "MTB Time Trial Italian Championship" title.

XC Cross Country allowed categories

Junior	1990 and younger
Senior	1976 – 1989
Master	1965 - 1975
Gentlemen	1964 and older
Womens	One single category

Time Trial allowed categories

Men's one single category
Women's one single category

LOCATION AND DATE:

Time Trial race will start on Saturday **September 5, 2015** in Cuasso al Monte (VA)

Meeting Athletes is planned at **1:00PM** over soccer field at **Country Road no. 29**. Athletes call is planned at **3:00PM** and start time is planned at **3:30PM** from Hospital.

XC Cross Country race will start on Sunday **September 6, 2015** in Cuasso al Monte (VA).

Meeting Athletes is planned at **8:30AM** over soccer field at **Country Road no. 29**. Athletes call is planned at **9:15AM** and start time is planned at **9:30AM** from soccer field.



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SUBSCRIPTION FEE:

Subscription fee is **EURO 15,00 (fifteen/00)** per athlete and per race for members. For non-FSSI or non-DeafMTBCup members athletes, subscription fee is **EURO 20,00 (twenty/00)**.

SUBSCRIPTIONS:

Subscriptions have to be sent by mail to:

- Event Organizer's Gruppo Sportivo E.N.S. Varese – A.S.D. – gsensvarese@fssi.it
- Italian Deaf Mtb Cup's President Geronazzo Claudio - caioermeio@virgilio.it
- Italian Federation F.S.S.I. Membership's Office – tesseramento@fssi.it

attaching compiled subscription form, no later than August 28, 2015.

A copy of subscription form has to be sent to Italian Federation F.S.S.I. Membership's Office (tesseramento@fssi.it) for verification no later than August 28, 2015. For those subscription forms received arrived after official deadline, a fee increase of **Euro 5,00 (five/00)** will be applied.

TRACK:

XC Cross Country track length total is about **25 km** for all men's categories and **15 km** for all women's categories; the XC circuit is **5 km** length, where men's categories will have to repeat **5** times, instead women's categories will have to repeat **3** times.

Time Trial track length is about **5 km**, with elevation gain of **330mt**.

REQUIREMENTS / PROHIBITIONS:

CE Regular MTB helmet is mandatory.

Hearing-aids are prohibited during the race. Bike change during race is prohibited, otherwise the athlete will be disqualified.

Also it's mandatory for all participants, to respect the rules of the road (keep right, respect the stop unattended, keep a controlled rate, give priority). The organization is not liable for any damages arising from failure to comply.

SERVICES: Will be provided ambulance service, volunteers along the track, refreshments at arrival, changing rooms, showers, bike wash.

PRIZES: the top three will receive prizes. All athletes will receive a competitor's package which contains some products. The organization will inform about other eventual prizes before the race. **Men's and women's top three of Time Trial**



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Italian F.S.S.I. Championship will receive F.S.S.I. medals and men's and women's top race will put on italian tricolor sweater .

POINTS: Will follow Deaf MTB Cup and F.S.S.I. rules.

RULES: Whatever is not provided, reference is made to the rules of the UCI (off-road sector), the F.S.S.I., and to Deaf MTB Cup rules.

By registering, the athlete declares to be in possession of health certification as mentioned by italian law (D.M. 82/18/02), and accepts the processing of personal data (pursuant to the Article 675/96 of Italian Law) relating to the event.

The organizing sport association, and associates, while ensuring maximum safety of participants, refuses responsibility for what happens to them before, during and after the event.



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XC CROSS COUNTRY AND TIME TRIAL SUBSCRIPTION FORM

Cuasso al Monte (VA) – September 5/6, 2015

Sport Association

Head office Address

Email..... Contact person mobile

N.	LAST NAME & FIRST NAME	YEAR	CAT	FSSI CARD NO.	XCO	CSC	I.C. FSSI
1							
2							
3							
4							
5							
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7							
8							
9							

N.	LAST NAME & FIRST NAME	YEAR	CAT	FSSI CARD NO.	XCO	CSC	I.C. FSSI
1							
2							
3							
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5							
6							
7							
8							
9							

XCO = Cross Country CSC = Time Trial C.I. FSSI = FSSI Time Trial Italian Championship

President

Sport Association stamp

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Send mail to: gsensvarese@fssi.it

tesseramento@fssi.it

caioermeio@virgilio.it

no later than August 28, 2015



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MTB DEAF EUROPACUP RULES

THE EVENT:

The Time Trial & XC Cross Country races inside "3rd Trial of Deaf Mtb Cup Cross Country & Time-Trial" held in Cuasso al Monte (VA), Italy for September 5-6, 2015 are valid for "MTB DEAF EUROPACUP" championship, and they are organized by Sport Association "Gruppo Sportivo E.N.S. Varese – A.S.D." in cooperation with Italian Deaf MTB Cup and Italian Federation F.S.S.I.

PARTICIPATION:

They are open to all deaf Italians and foreigners athletes, aged 17 years and over, that are regular member of their own National Deaf Association or similar to UCI Federation.

For non members, health certificate is mandatory pursuant to and in accordance with Law of February 18, 1982.

XC Cross Country allowed categories

Two men's categories

One women's category

Time Trial allowed categories

Two men's categories

One women's category

LOCATION AND DATE:

Time Trial race will start on Saturday **September 5, 2015** in Cuasso al Monte (VA)

Meeting Athletes is planned at **1:00PM** over soccer field at Country Road no. 29. Athletes call is planned at **3:00PM** and start time is planned at **3:30PM** from Hospital.

XC Cross Country race will start on Sunday **September 6, 2015** in Cuasso al Monte (VA).

Meeting Athletes is planned at **8:30AM** over soccer field at Country Road no. 29. Athletes call is planned at **9:15AM** and start time is planned at **9:30AM** from soccer field.

SUBSCRIPTION FEE:

Subscription fee is **EURO 15,00** (fifteen/00) per athlete and per race for members. For non-FSSI or non-DeafMTBCup members athletes, subscription fee is **EURO 20,00** (twenty/00).



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- Event Organizer's Gruppo Sportivo E.N.S. Varese – A.S.D. – gsensvarese@fssi.it
- Europa Deaf Mtb Cup's Manager Jean-Pierre Fauconnier – dieubes@hotmail.com
- Europa Deaf Mtb Cup's Manager Martin Larch – martin.larch66@gmail.com
- Italian Deaf Mtb Cup's President Geronazzo Claudio - caioermeio@virgilio.it

attaching compiled subscription form, no later than August 28, 2015. For those subscription forms received arrived after official deadline, a fee increase of Euro 5,00 (five/00) will be applied.

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SERVICES: Will be provided ambulance service, volunteers along the track, refreshments at arrival, changing rooms, showers, bike wash.

PRIZES: the top three will receive prizes. All athletes will receive a competitor's package which contains some products. The organization will inform about other eventual prizes before the race.

POINTS: Will follow Deaf MTB EuropaCup rules.

RULES: Whatever is not provided, reference is made to the rules of the UCI (off-road sector) and of Deaf Mtb Europacup, which can be found on website mtbdeafeuropacup.jimdo.com

By registering, the athlete declares to be in possession of health certification as mentioned by Italian law (D.M. 82/18/02), and accepts the processing of personal data (pursuant to the Article 675/96 of Italian Law) relating to the event.

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DEAF MTB EUROPACUP Cross Country & Time Trial SUBSCRIPTION FORM

Cuasso al Monte (VA) – September 5/6 , 2015

Sport Association

Head office Address

Email..... Contact person mobile

N.	LAST NAME & FIRST NAME	YEAR	CAT	FSSI/UCI CARD ID	XCO	CSC
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1						
2						
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6						
7						
8						
9						

XCO = Cross Country CSC = Time Trial

President

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Sport Association stamp

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Send mail to: gsensvarese@fssi.it

dieubes@hotmail.com

martin.larch66@gmail.com

caioermeio@virgilio.it

no later than August 28, 2015